

**Week 8 - Timber Ridge**  
**Aug 4-10, 2019**



<b>Sunday</b>	<b>Dinner</b>	Huli Huli Chicken, Kings Hawaiian Rolls, Macaroni Salad, Fried Rice, Tropical Punch, Fresh Fruit
	<b>Snack</b>	Fruit Ice
<b>Monday</b>	<b>Breakfast</b>	Breakfast Burritos, Scrambled Eggs, Crispy Potatoes, Tortillas, Sausage, Fresh Fruit, Yogurt Cups, Cereal
	<b>Lunch</b>	Ravioli, Breadsticks, Green Beans, Salad Bar, Fruit Pizza
	<b>Dinner</b>	Turkey, Mashed Potatoes, Gravy, Corn, Rolls, Butter, Salad Bar, Cupcakes
<b>Tuesday</b>	<b>Breakfast</b>	Waffles, Sliced Ham, Hard Boiled Eggs, Syrup, Fruit, Yogurt Cups, Cereal
	<b>Lunch</b>	Chicken Patties, Bun, Fries, Cheese, Lettuce, Tomato, Onions, Pickles, Mayo, Ketchup, Carrots, Celery, Ranch, Carnival Cookies
	<b>Dinner</b>	Tacos! Tortillas, Chips, Beef, Beans, Rice, Cheese, Lettuce, Tomato, Homemade Salsa, Sour Cream, Churros
<b>Wednesday</b>	<b>Breakfast</b>	Bagel Bar, Sausage Egg Patties, Cheese, Oatmeal w/Toppings, Yogurt Parfaits, Fresh Berries, Cereal
	<b>Lunch</b>	Homemade Soup, Deli Sandwiches, Turkey, Ham, Salami, Cheese, Lettuce, Tomato, Pickles, Mayo, Mustard, Saltine Crackers, Rice Krispie Bars
	<b>Dinner</b>	BBQ Meatballs, Mac & Cheese, Fresh Green Beans, Cornbread, Salad Bar, Pineapple Upside-Down Cake
<b>Thursday</b>	<b>Breakfast</b>	French Toast Sticks, Sausage Links, Syrup Cups, Hard Boiled Eggs, Fruit, Yogurt Cups, Cereal
	<b>Lunch</b>	French Bread Pizza! Salad Bar, Italian Ice
	<b>Dinner</b>	Wing Night! w/Dipping Sauces, Baked Potatoes, Steamed Broccoli, Salad Bar, Chocolate Chip Bars
<b>Friday</b>	<b>Breakfast</b>	Breakfast Pizza, Muffins, Fruit, Yogurt Cups, Cereal
	<b>Lunch</b>	Brats, Buns, Chips, Potato Salad, Pickles, Cheese, Lettuce, Tomato, Onions, Veggies, Ranch, Sugar Cookies
	<b>Dinner</b>	Rice/Ramen Bowls, Stir Fry Veggies, Beef, Pork, Sweet & Sour, Teriyaki Sauce, Salad Bar, Mandarin Oranges
<b>Saturday</b>	<b>Breakfast</b>	Breakfast on the Deck! Donuts, Cinnamon Rolls, String Cheese, Bananas, Hard Boiled Eggs, Milk Cartons

*Trout Lake Camps kitchen staff members are accustomed to serving campers with special diets and we do everything in our power to provide safe and tasty alternatives. Gluten/dairy free alternatives are always available to our campers on our alternative serving line during meals as well as vegetarian options. Our kitchens are free of peanut and tree nut products. We provide rice and soy milk in our dining room beverage stations. Campers can bring a few personal food items with them if it is necessary and store them in our guest cupboard or refrigerator located in easily accessible areas in the dining halls (labeled with name and dates). If you have any questions regarding special diet needs, please email [kmiller@TroutCamps.org](mailto:kmiller@TroutCamps.org).*